

Matter of Fact - As Far As Words Go (nikhil_tikekar@hotmail.com)

0. **Re-familiarize**: Quiet. Feel/be a few present moments without describing them

1. Any waking/dreaming moment minus notions about it - is **evident**, needs no explanation

- Evident= not conceptual; not 'non existence' e.g. deep sleep; the only 'window'

2. Presence of symbols + meanings in it= knowing, movement in the moment, is **evident**

- Intents, reasoning, decisions, clarification of vague sense , Qs & As, narratives etc.

3. But what meanings convey, notions about & beyond the evident, is **not evident** (see 4)

- Symbols label/**divide** the evident: own body-others, matter-space, waking-dreaming
- **Are** awareness/notion of beyond the evident: extended space & time, non existence

4. Not evident= **stories**= symbols are the claims & also the **sole** justification of claims e.g.

- Do waking objects persist beyond moments or are dreamlike? Who are moments evident to? How do symbols + meanings emerge? Are there other vantages of the moment- other beings? etc. **Almost all** narratives use these **fundamental** notions

5. A story isn't realized as a story 'as it happen'- except in **presence** of reflecting symbols

- The story could be of 'a free self in time in an objective world' or any other

6. The colorful stories have words that please & that bite - worries, fears, dissatisfaction..

- Symbols **are** yearning, efforts to mitigate bites & implied entity in time that suffers

7. Moment minus symbols is **empty** of all suffering, divisions: self-nonsel, being-not,.....

- **Meanings of symbols in a moment contain the state/time/self of the story** e.g. 'When I was 5...'. **The story is known only in presence of symbols + meanings**